

FOR IMMEDIATE RELEASE
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**Lincoln University Addresses the Issue of Depression on College
Campuses through Funds Provided by the Aetna Foundation**

LINCOLN UNIVERSITY, PA – The University is accomplishing its goal of addressing the student’s physical, emotional, spiritual and social development through Project R.I.S.E. (Resolving Issues through Support and Education). This program is a collaborative effort between Aetna and Lincoln University, through the 2008 Healthy Community Grant, to educate students on mental health issues.

Due to the concerns of the studies returning high rates of depression on college campuses, Lincoln University has implemented this program to increase the knowledge and skills of the students so they have greater understanding of depression and its related issues. The program has created a mission of collaborating across university systems and departments to raise campus awareness about depression. The project’s goals are to develop a community-based intervention to address college student depression and to engage the campus community in the prevention, early detection and treatment of depression.

The project will be under the auspices of the University’s Women Center. Effectiveness of the program will be carried out through depression screenings, depression awareness training for students, faculty and staff and the development of work and focus groups and community programs.

Founded in 1854, Lincoln University, located in Chester County, PA, is a premier, historically Black University that combines the best elements of a liberal arts and sciences-based undergraduate core curriculum and selected graduate programs to meet the needs of those living in a highly technological and global society. The University is nationally recognized as a major producer of African Americans with undergraduate degrees in the physical sciences (chemistry and physics); computer and informational sciences; biological and life sciences. Lincoln has an enrollment of 2,500 undergraduate and graduate students.

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